

March 21st Mental Health meeting minutes

NAMI presented on mental health awareness. Two individuals presented their stories: one was a teen when she suffered a mental illness and another a mom whose son suffers from a mental illness.

Adrienne Loe presented from Yale University on how to navigate intergenerational challenges and 'Raising well balanced kids' - Ivy Lead for teen leaders.

There was a very limited business PTSA meeting as the President was late arriving and the secretary could not attend.

Frances Frost made a brief presentation on the capacity study meeting coming up on April 6th. She noted that several schools cap their enrollment at 2500. Blair is over 3000 currently.